



## **Developing Symptoms or Being Notified of COVID-19 Exposure While at an Event Policy**

Updated: 08/24/2022

### **Policy**

Anyone who develops symptoms at an event, must visit first aid to get assessed. If first aid cannot diagnose a condition that is not related to COVID-19, you must be isolated immediately.

Anyone who gets notified that they have been exposed to COVID-19 while at an event must be isolated immediately.

You must [self-isolate](#) for 10 days (or as or as instructed by your local public health unit). You will not be allowed to enter another *FIRST* Robotics Canada event within 14 days until you test negative for COVID-19 or a healthcare provider has diagnosed a condition that is not related to COVID-19.

While at an event, if an attendee notices another attendee who may be exhibiting COVID-19 symptoms, they should bring this to the attention of a volunteer who can then escalate the situation to their Tournament Director or *FIRST* Robotics Canada staff member.

### **Student Attendee**

The student will be isolated from the rest of participants in a designated area. One mentor from the team must contact the student's emergency contact and arrange for the student to leave the event. The student must be supervised by a mentor (or other adult if they are a student volunteer) until they are picked up by an emergency contact.

### **Adult Attendee**

The adult must either leave the premises immediately or arrange to be picked up from the premises as soon as possible. While transportation is being arranged, they will be isolated from the rest of participants in a designated area.

### **[Covid-19 Symptoms](#)**

- **Fever and/or chills**  
Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher and/or chills

- **Cough or barking cough (croup)**  
Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious reactive airways, or other known causes or conditions you already have)
- **Shortness of breath**  
Out of breath, unable to breathe deeply (not related to asthma or other known causes or conditions you already have)
- **Decrease or loss of taste or smell**  
Not related to seasonal allergies, neurological disorders, or other known causes or conditions you already have
- **Tiredness**  
**Unusual** fatigue, lack of energy (not related to depression, insomnia, thyroid dysfunction, or other known causes or conditions you already have)
- **Muscle aches**  
**Unexplained, unusual**, or long-lasting (not related to sudden injury, fibromyalgia, or other known causes or conditions)